

Tabletop exercise: Professional Development in Medical Education

Session: Professional Development Day 3 8:15-9:15

Time: 60minutes

Goal: Enhance the tools participants have to develop, prioritize and implement goals.

Timeline:

1. Intro
2. 10 professional development pearls- introduce the goal worksheet, participants will just jot down goals throughout the session
3. Table Breakout #1 Break into pairs. Attendees will review the goals that they have written down associated with all or some of the sessions at QSEA OR related to their curriculum/project they have planned (basically, pick anything!). They will pick one that they are most interested in achieving and write it in SMART format. When complete, review it with your partner (5 min)
4. Slide with sample work plan- copies will be available for the day 3 session
5. Rest of the didactic presentation
6. Homework: Continue to work on your plan and SMART goals---this will continue into the mentor groupwrite a thank you note (I will get postcards from AZ).